



Thursday 14th May 2026

Dear Thomas Fairchild Families,

**Re: Sweets and snacks in school**

I wanted to write to you all to remind you of our healthy eating policy and our school rules around snacks and treats. Children are **not allowed to bring in any sweets, chewing gum or chocolates of any kind.** This is to promote healthy eating and also to prevent the risk of children with severe allergies being exposed to foods which may trigger a reaction. We provide healthy snacks for children alongside a nutritious lunch each day. If children attend playcentre they also receive a meal as part of their provision.



Unfortunately we have recently had several incidents of children bringing in sweets or chewing gum to school. Often they have bought these from the local shop in the morning on the way to school. This has caused arguments and disruption, and sometimes sweets have been traded between pupils, which poses a potential risk to children with allergies. We would also appreciate your support in reminding children before school. If children are found to have sweets, chocolate or gum in school they are likely to receive a consequence. Their sweets will be confiscated and put in the school office to be collected at the end of the day by a parent/carer.

When it is your child's birthday, the rules remain the same. **Sweets, chocolates or cake should not be brought into school for birthday celebrations.** If you would like to bring anything special as part of a celebration, please discuss this with the class teacher beforehand.

Thank you for your understanding and ongoing support. If you have any questions about our school policies, please do not hesitate to contact the school office.

Kind regards,

A handwritten signature in black ink that reads "MTrahair".

Matt Trahair  
Headteacher