



Thomas Fairchild Community School
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Executive Headteacher: Ms Nicole Reid
Headteacher: Mr Matthew Trahair

Thursday 3rd October, 2024

Dear Thomas Fairchild families,

RE: WAMHS (Wellbeing mental health services in schools)

Thomas Fairchild is proud to share with its families that we are working with WAMHS again to support children, families and staff.

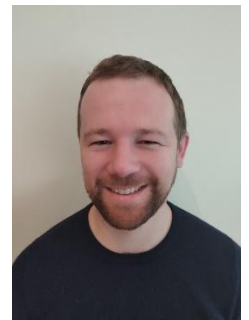
WAMHS aims to significantly improve outcomes for children through partnership working across services and by building on the positive relationships between children and young people, education staff and community partners. Key to this is the work of CWIS' or 'CAMHS Worker in Schools':

Our CWIS is: Dr Conor Morgan- Child and adolescent psychotherapist, who will be at Thomas Fairchild (generally) every other Monday of the month.

His next day with us is on **Monday the 7th of October.**

Who is our CWIS?

Conor has worked in various settings over the past 12 years including: Children's residential care homes, educational settings (both mainstream and complex needs), and at various levels of CAMHS including community and in-patient hospitals. When he is not at Thomas Fairchild he works with young people aged 5-18, offering Psychotherapy through Firsts Steps (early intervention CAMHS Hackney). In his other role he assesses children and adolescents for neurodiversity in addition to planning post-diagnostic support.



In his role within our school, he will be offering various forms of support including but not limited to:

- Ongoing consultation with our SENCO to identify what is needed /helpful for our particular school and its young people.
- 1:1 consultation sessions with teaching staff to think about ways to support pupils to find the right forms of expressing their wants and needs which may be inhibiting their ability to learn.
- 1:1 consultation to think about how to support neuro-diverse pupils.
- Offering a space for all teaching staff to think about the personal and group impact of their role
- Offering a space for parents and carers to discuss areas they may be finding complex at home in a group and 1:1 setting
- Hosting informal information sessions about parent nominated topics such as emotional regulation, routines etc.
- Assisting with making referrals and signposting to relevant services for young people and their families, to ensure they have the understanding and support that they need.

The hope is that by offering the above, in addition to everything else we already do, we can continue to progress in developing a whole school approach to supporting our young people in a way which affirms and caters to their needs and enhance their wellbeing.

A handwritten signature in black ink that reads "MTrahair".

Matt Trahair
Headteacher