

Thomas Fairchild Community School Forston Street, London N1 7HA Telephone: 020 7253 9469

tfoffice@newwavefederation.co.uk
Executive Headteacher: Ms Nicole Reid
Headteacher: Mr Matthew Trahair

Tuesday 6th February, 2024

Dear Thomas Fairchild Families,

## Re: Autism Support within Hackney

I would like to share some further information for our families regarding the support that is available in Hackney for Autistic children. It contains various links that you can click on to take you to the information described.

- General information about autism in Hackney including how to get a diagnosis for children, young people and adults can be found here.
- Usually, after an autism diagnosis, parents will also be given information about a choice of
  post-diagnostic information sessions e.g. <u>Early Bird Plus</u>, Pegasus, or Next Steps. If you haven't
  received this aftercare, please let us know and we can support you to do so.
- If the child already has a diagnosis of autism (and this was provided via CAMHS or services at Hackney ARK) you can access regular autism information sessions run either at CAMHS or Hackney Ark. <u>Autism Parents Coffee Morning (CAMHS Disability)</u> and <u>NDT</u> (<u>Neuro-Developmental Team</u>) <u>Parent-Carer Coffee Morning</u>
- These services are available to any parents of an autistic child or young person in Hackney. <u>The Family Coach Service is also offering Autism Education Trust training for parents as well as the Parent Empowerment sessions and other training offers as described here.</u>



- Parents can also <u>access the Educational Psychology Parents Advice Sessions offer a FREE 30 minute 1:1 session to talk through challenges or difficulties.</u>
- <u>Hackney's Autism Practitioner Rober Raby is also a route to information and support for parents and young people</u>.
- If the child is not already known to Hackney Ark and the diagnosis was from an out-of-borough service you can get advice on how to understand and support children with autism from Autism Central run by Contact.
- Autism Central is a new national service. Any parent or carer of a child with autism can sign up for Autism central training, resources and workshops.

If you have any questions about some of the sign-posted resources/links above, please don't hesitate to get in touch with me.

Kind regards,

Sophie Medhurst

Assistant Headteacher

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