



Thomas Fairchild Community School
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Executive Headteacher: Ms Nicole Reid
Headteacher: Mr Matthew Trahair

Friday 8th December 2023

Dear Thomas Fairchild families,

Re: Sweets in school

I wanted to write to you all to remind you of our healthy eating policy and our school rules around snacks and treats. Children are not allowed to bring in any sweets or chocolates of any kind. This is to promote healthy eating and also to prevent the risk of children with severe allergies being exposed to foods which may trigger a reaction. We provide healthy snacks for children during morning play and a healthy, nutritious lunch in the afternoon. If children attend playcentre they also receive a meal as part of their provision. If children attend after school clubs and would like to bring a healthy snack, they are welcome to bring a healthy, nut-free option such as fruit or a cereal bar.

Unfortunately we have recently had several incidents of children bringing in sweets or chocolates to school. This has caused arguments and disruption in certain classes. It has also posed a potential risk to children with allergies in those classes. We are going to remind children of our school rules in assembly this week, but we would also appreciate your support in reminding your children before school. If children are found to have sweets or chocolate in school it will be put in the school office to be collected at the end of the day.

When it is your child's birthday, the rules remain the same. Sweets and chocolates should not be brought into school for birthday celebrations. If you would like to bring anything special as part of a celebration, please discuss this with the class teacher beforehand.

Thank you for your understanding and ongoing support. If you have any questions about our healthy eating policy, please do not hesitate to contact the school office.

Kind regards,

Matt Trahair
Headteacher