





# FREE SWIMMING FRIDAYS IN HACKNEY

Enjoy a free family swim session at a Better leisure centre in Hackney every Friday throughout the summer holidays:

- 28th July Kings Hall Leisure Centre
- 4th August Clissold Leisure Centre
- 11th August Britannia Leisure Centre
- 18th August Kings Hall Leisure Centre
- 25th August Clissold Leisure Centre
- 1st September Britannia Leisure Centre

Did you know any Hackney residents under 18 or over 60, plus those registered as disabled or carers, can swim for free all year round?

For more information on how to book visit **better.org.uk/hackney** 



Scan here to discover more







Spaces are available on a first come first served basis. Swim safely rules apply: there must be one adult for every two children who are non swimmers or under 8 years old. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 65X. Inland Revenue Charity no: XR43398

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Cover photo: Sean Pollock



# Join the new HYP team!

APPY summer! As we welcome in a new season, we will also be welcoming a new cohort of inspiring young leaders into Hackney Youth Parliament (HYP) soon.

It has been an absolute pleasure serving and working with the young people of Hackney for two years. From putting on events, to having meetings with the Council, and representing the youth voice, it has just been an amazing experience.

Organising events for the young people in our community allowed us to feel better connected and involved, not just with local politics, but with local people.

Our favourite events were the Black History Month ones. We also had the privilege of supporting local youth-led projects financially through the HYP is a group of young people aged 14 to 19 (up to 25 with special educational needs and/ or disabilities [SEND]) who represent the views of young people in the borough. They aim to advocate on behalf of all their peers and contribute to positive change for all young people, running campaigns and holding events and consultations.

Visit: **bit.ly/** hackneyyouthparliament; or email: hyp@hackney.gov.uk

Youth Opportunity Fund. We gave grants of up to  $\pounds 5,000$  and overall gave out more than  $\pounds 100,000$  to local projects that benefit our young people.

Would you like to bring positive change to the borough? In September, we will be opening our team to a brand new group of leaders. You will have the chance to run as a candidate to become an elected member of HYP, campaigning with leaflets, videos and social media. You can run as a candidate if you live, work or study in Hackney and are 14 to 19 (or up to 25 if you have SEND).

We meet weekly, on Thursdays, from 5.30pm to 7.30pm at Forest Road Youth Hub. We cannot wait to welcome new members and leaders!

Sudenaz Top and Griffin Parker, Young Speakers of Hackney

## Pack to school appeal

HYP's Pack to School Appeal provides families in need with brand new school equipment.

Each school pack will contain essential equipment for children starting secondary school this September, including a new rucksack, pencil case, set of pens, and scientific calculator. If you can afford it, and wish to contribute to the appeal, please consider donating. All items should be received by 4 August at Forest Road Youth Hub, E8 3BY. Donate what you can to: **bit.ly/packtoschoolappeal** 

If you, or a family member, could benefit from free secondary school equipment, email: **hyp@hackney.gov.uk** 



## **Adventure Play**

MOST adventure playgrounds will be running Mondays to Fridays during the summer holidays, offering free opportunities to play, climb, run, jump and swing. They offer a range of engaging activities, trips out, healthy food and snacks. They have trikes, bikes, carts, hoops, balls, scooters, skipping ropes, cardboard boxes, climbing nets and space to run, build, explore and have freedom.

### **Booking information**

Call or email the playgrounds to enquire about bookings.

## Young Hackney Adventure Playgrounds

CREATE dens, make fires, climb trees, cook, paint and play. All Young Hackney adventure playgrounds (Shoreditch and Hackney Marsh) are open access, which means children can turn up or leave when they choose. Free. Age: 6-15

(up to 18 with SEND)

#### Shoreditch Adventure Playground 24 July-25 August, Mon-Fri, 10am-5pm

Take part in den building, fire prep and outside cooking, a scavenger hunt, stick whittling, water play, arts and crafts, beach volleyball, football, crazy bowling, bike repairs and paint wars. Free food for those eligible for free school meals. Free. Age: 6-15. SENDfriendly. Shoreditch Park, Mintern Street, N1 SEF. younghackney.org 020 7729 3770 ShoreditchAP@hackney.gov.uk

## Hackney Marsh Adventure Playground 24 July-25 August,

Mon-Fri, 10am-5pm Free food for those eligible for free school meals Free. Age: 6-15. SEND-friendly. Daubeney Fields, Kingsmead Way, E9 5PP. younghackney.org 020 8986 7245 HackneyMarshAP@hackney.gov.uk

Homerton Grove

#### Adventure Playground 24 July-25 August, Mon-Fri,

10.30am-1pm, 2-5.30pm Free food for all. Drop-in sessions. Registration in person required. Free. Age: 6-16. SEND-friendly Wardle Street, E9 6BX hackneyplay.org/homerton-grove 020 8985 9202 homerton@hackneyplay.org

#### Pearson Street Adventure Playground 24 July-25 August, Mon-Fri,

10.30am-1pm, 2pm-5.30pm Free food for all. Drop-in sessions. Registration in person required. Free. Age: 6-16. SEND-friendly. Pearson Street, E2 8EL. hackneyplay.org/pearson-streetadventure-playground-2 020 7033 4322 pearsonstreet@hackneyplay.org

## Evergreen Play Association

#### 24 July-25 August, Mon-Fri, 10.30am-5pm

Evergreen is a child-led adventure playground open all year round providing free, supervised and challenging play. Free, no booking required (£1 registration fee on sign-up). Age: 5-15. SEND-friendly. Beehive Close, E8 3JT. evergreenplay.co.uk 020 7275 9004 evergreenplay@yahoo.co.uk;

#### Shakespeare Walk Adventure Playground 24 July-25 August,

Mon-Fri, 11am-6pm Drop-in sessions. Registration in person required. Free. Age: 6-16. SEND-friendly. 69 Shakespeare Walk, N16 8TB. swapa.org.uk/calendar 020 7249 8405 helloswapa@swapa.org.uk



## HACKNEY FAMILY INFORMATION SERVICE

CHILDCARE during the summer holidays can be tricky, but there are lots of holiday activities and clubs available to support parents and carers in Hackney.

The Hackney Family Information Service (FIS) offers free, impartial advice and information on childcare, paying for childcare, funded places for two to fouryear-olds as well as information and advice on local services and activities for children and families.

The team offers face-to-face advice sessions every Wednesday at Hackney Service Centre, 1 Hillman Street, E8 1DY.

You can also find a list of holiday playschemes available that children can attend while parents and carers are at work. Visit: education.hackney.gov. uk/content/after-school-andholiday-clubs

For up-to-date information on the Hackney Family Information Service, call: 020 8820 7590; email: fis@hackney.gov.uk; or visit Twitter: twitter.com/HackneyFIS; Facebook: facebook.com/ hackneyfis/; Instagram: instagram.com/hackney.fis/

## **Children's centres**

A CHILDREN'S centre is a place, or group of places, where families with young children can go to enjoy facilities and receive the support that they need.

The children's centres are open during the summer holidays and offer a range of holiday programmes. Check the Hackney Education website below for information on the timetables.

If you have a child aged under five, take advantage of free 'stay and play' sessions at the children's centres. Older siblings may be able to join in some activities, but check with the centre first. Visit: education.hackney.gov.uk/ content/childrens-centre-services

## **List of centres**

Ann Tayler E8 3RP Brook @ Pembury E8 1FA Children's Centre N1 7HX Clapton Park Nursery E5 0EP Clissold One O'clock Club N16 9HJ Comberton E5 9PU **Comet at Thomas Fairchild** Comet N1 5RF Daubenev E5 0EG Fernbank N16 7EA Gainsborough E9 5ND Hillside N16 5QR Ihsan N16 6AA Linden N16 7SH Lubavitch N16 5RL Mapledene E8 3LE Millfields E5 0SO Minik Kardes Children's Centre and Community Nursery N1 4BW Morningside E9 6LI Oldhill N16 6LR Sebright Children's Centre Nursery E2 8NP Wentworth E9 5BN Woodberry Down N4 2NP

## **Benthal Holiday Scheme**

THE Benthal Summer Holiday Scheme offers a variety of fun activities for children aged four to 12 years old. It will run from 24 July to 18 August, every Monday to Friday, from 8.45am to 5.45pm, at Benthal Road, N16 7AU.

It costs £18 per day (for children aged four to seven) and £15 per day (for children aged eight to 12).



To book, visit: hackneyeducation. bookinglive.com/home/holidayplayschemes









## YOUNG HACKNEY CENTRES

ENJOY a packed summer at the Council's Young Hackney hubs and clubs. All activities are FREE and inclusive for children and young people aged six to 19 (up to 25 with special educational needs and/or disabilities [SEND]).

You will find plenty to do this summer at your local youth club. Contact the clubs for details of their summer programme, or visit: **younghackney.org** and check out the What's On section for daily listings. Get daily updates on your phone, tablet, or laptop at Twitter, Instagram or Facebook: **@younghackney** 

## Youth Clubs

Young Hackney Forest Road 24 July-25 August, Mon-Fri Juniors: (6-12 years), 10am-3pm; Seniors: (13-19 and up to 25 with SEND), 4-8pm

Each of the five weeks has an individual theme – including 'the warm-up', sports mania, explore and adventure, art and wellbeing and 'the cool down' – with activities carefully chosen to inspire, challenge and encourage young people to learn new skills all while having fun.

There will be free daily challenges, arts and drama clubs, sports sessions, healthy eating and nutrition sessions, group games, music and multimedia sessions and more.

Juniors highlights (for ages 6-12) Highlights include dance sessions, a teddy bears' picnic at Dalston Curve Garden with hide and seek, teddy pass the parcel, story-time and more; small picnics; superhero day; football tournament; soap making and plant growing.

#### Seniors highlights (for ages 13-19 and up to 25 with SEND) Highlights include a blindfolded

taste test; a 'Come Dine With Me'style cooking competition; arts & crafts bath bomb making; music sessions and a bake-off. **Transition Space** 

(for juniors aged 12-13) Juniors can attend the senior sessions, from 4-6pm, as a part of transitioning into sessions suitable for older children. They will be able to make a quick meal, including homemade pizzas or wraps, and have the opportunity to experience the senior sessions.

SEND offer Forest Road runs a fun and interactive offer for young people with SEND. It cannot offer one-toone support, but there is at least one suitable activity daily for a small group of young people to attend. Spaces are limited, register early. **Younger children** 

There is a room suitable for six to seven year-olds, with fun activities for their age group. Spaces are limited. Free. Age: 6-19 (up to 25 with SEND) 29 Forest Road, E8 3BY younghackney.org; 020 8356 2200

charlene.brown@hackney.gov.uk

#### Young Hackney The Edge

24 July-25 August, Mon-Fri Juniors: (8-12 years), 10am-3pm; Seniors: (13-19 years and up to 25 with SEND), 4-8pm

The Edge is celebrating its 10th anniversary this summer. Its holiday programme runs for five weeks and highlights include trips, dancing, cooking, sports, gaming and more.

#### Juniors highlights (for ages 8-12)

Highlights include roller skating, picnics, climbing at the Castle Climbing Centre, dance projects with Avant Garde Dance, laser tag, boat trips, beach trips and trips to theme parks. Seniors highlights (for ages 13-19 and up to 25 with SEND)

Highlights include roller skating, an Avant Garde Dance project, a trip to the Amazon UK office and coding workshop, virtual reality trip, a photography competition and exhibition, a restaurant trip to Nando's, a Van Gogh virtual experience and a trip to a theme park. **Transition Space** 

#### (for juniors aged 11+)

Juniors can attend the senior sessions from 4-6pm as a way to adapt and transition towards attending senior sessions in the new school year. There will be specific transition space activities and a trip for this group.

#### SEND offer

The Edge runs a fun and interactive offer for young people with SEND. It cannot offer one-to-one support but it will have one specialised activity per day for young people to participate in. **The Edge Birthday Celebration** There will be a big birthday party to celebrate the 10th birthday of The Edge Youth Hub on Friday 18 August, from 12noon-3pm.

Free. Age: 8-19 (25 with SEND). 7 Woodberry Grove, N4 1SN. younghackney.org; 020 8356 1063; tim.ibrahim@hackney.gov.uk

Young Hackney Concorde

24 July-25 August, Mon-Fri, Juniors: (7-13 years), 1-5pm; Seniors: (14-19 years), 6-9pm Creative, fun, innovative youth activities for children. Free (some trips are paid for). Age: 7-19 (up to 25 with SEND). Kingsmead Way, E9 5PP. younghackney.org; 020 8510 0979; jbrodie-mends@hmp.org.uk

Young Hackney Stoke Newington 24 July-25 August, Mon-Fri, Juniors (7-13 years) 1-5pm: Seniors (14-19

(7-13 years), 1-5pm; Seniors (14-19 years), 6-9pm Free (some trips are paid for).

Age: 7-19 (up to 25 with SEND). Chaucer Court, Shakespeare Walk, N16 8TS.

younghackney.org; 020 7923 1633 kfontilio@hmp.org.uk

## Activities

#### **Creative Kids Club**

22 July, 29 July, 10am-12noon Summer dance classes and performance opportunities. The club will also be teaming up with The Edge Youth Hub to celebrate their 10th birthday. Contact the club for dates in August. The Edge Youth Hub, 7 Woodberry Grove, N4 1SN. £49.90 per month (free dance opportunities available). Age: 5-19 (up to 25 with SEND). creativekidsclub.co.uk; 07526 807890; classes@ creativekidsclub.co.uk

Creative Arts Kids Dance Camps 24-28 July & 20 August-1 Sept, 9.30am-12.30pm/3.30pm These technical and imaginative workshops encourage children to be immersed in a world of dance technique and creation. Children will participate in three dance classes











## Volunteers needed

YOUNG Hackney volunteers support the delivery of activities for young people during the summer and across a number of different projects. If you have a few hours to spare, are over the age of 18, are passionate about young people and want to give back to the community, visit: **bit.ly/yhvolunteer**; email: **xanthippi. karkantou@hackney.gov.uk**; or call: **020 8356 3962.** 

daily and work towards an end of week performance. A range of different dance styles will be taught such as ballet, contemporary and modern. £125 or £250 per week (half and full day). Age: 5-11. Tower Theatre, 16 Northwold Rd, N16 7HR. creativeartskids.co.uk/dance-camps

#### **Creative Arts Kids: Creative Mash 24 July-1 September, 9am-4pm** A mix of creative activities including drama, dance & movement, crafts, outdoor play and games. Each week culminates with a presentation for

culminates with a presentation for parents and family that showcases everything they've accomplished over the week of camp.

£200-250 per week. Age: 5-11. Princess May Primary School, Princess May Road, N16 8DF and TripSpace, Arch 339, Acton Mews E8 4EA. creativeartskids.co.uk/ performingartscamps

## Hackney Quest

24 July-24 August, Mon-Thurs, various times

Day trips, activities and in-house youth sessions. This includes a 'transitions programme' for Year 6 into Year 7, from 31 July to 2 August; a Thursday afternoon in-house youth session for those aged 12 to 16 years, from 2-4pm on 27 July and 3, 10 & 24 August; and various day trips, which cost £2. Young people need to bring a packed lunch for the day trips and Zip cards for those 11+ are needed.

Free or  $\pounds 2$  per trip. Age: 8-19 (up to 25 with SEND).

A young person must become a registered member of Hackney Quest to join. 1 Poole Road, E9 7AE. hackneyquest.org.uk

020 8533 5480 enquiry@hackneyquest.org.uk

Employability sessions, cultural trips and sexual health drop-ins for 16-25 year olds, various dates and times Join an employability session with Hackney Quest every Tuesday evening, from 6.30-8.30pm. Trips also take place on various dates and July and August. Sexual health drop ins take place from 1-4pm on 12 July & 16 August.

## Hoxton Hall 24 July-24 August, Mon-Thurs,

**10.30am-3.30pm** Free arts activities for young people. Circus skills, music production, drama and dance. All activities take place in Hoxton Hall's beautiful Victorian music hall. Week one includes circus skills with the National Centre for Circus Arts; week two is music and music production; week three is carnival fun; week four is working with nature through arts & crafts and week five is drama fun.

Free, includes food. Age: 7-19 (up to 25 with SEND).

130 Hoxton Street, N1 6SH hoxtonhall.co.uk; 020 7729 2323; grace@hoxtonhall.co.uk



Badu Sports 24 July-25 August, Mon-Fri, various times Multisports Camp, 8.30am-5.30pm £25 per day. Age: 5-11. SEND-friendly. Holy Trinity Primary School, Beechwood Road, E8 3DY. Football Camp, 9am-4pm £19 per day. Age: 7-15. SEND-friendly The City Academy, Homerton Row, E9 6EA thebaduway.com; 07852 726907; althea@baducic.org

Hackney Volunteer Police Cadets 24 July-25 August, various times Uniformed services group, community events, camping, activity camps, Duke of Edinburgh's Awards and more.

## Young people must be police cadets to take part.

Free. Email to register. Age: 12-19 (up to 25 with SEND). Stoke Newington Police Station, 33 Stoke Newington High Street, N16 8DS Info: hackneyvpc@gmail.com

#### Immediate Theatre

24 July-19 August, various times High-quality youth theatre on estates in Hackney, engaging participants who do not traditionally have access to arts opportunities. During the Breakout and Exposure summer holiday projects, young people will get the opportunity to create and perform in a play, help to make sets, props and costumes, take part in a range of creative activities and games, gain AQA Accreditation, make new friends & have fun! Free, includes food.

24-28 July: Breakout (age: 7-12); 7-19 August: Exposure (age: 13-18 – up to 25 with SEND). Nisbet Community Centre, Crozier

Terrace, E9 6AJ immediate-theatre.com/work/estatebased-youth-theatres 07525 892953 gavin@immediate-theatre.com

#### Laburnum Boat Club

24 July-25 August, Mon-Fri, 10am-4pm (breakfast club 9am-10am) Activities based around canoeing and kayaking, with arts and crafts, day trips and more.

Free food for those eligible for free school meals, or £1.50 per meal & £5 per day. Age: 9-18. SEND-friendly. Laburnum Street, E2 8BH

#### laburnumboatclub.com 020 7729 2915 info@laburnumboatclub.com

#### Leaside Trust

#### 24 July-1 September, Mon-Fri, 10am-3.30pm

A range of outdoor activities and watersports, including cycling, kayaking, canoeing and stand-up paddleboarding for all ages and abilities.

#### Summer Holiday Activity Club:

Non-members – £40 per day. Members £25 per day/£100 per week. Age: 8-19 (up to 25 with SEND). 34 Spring Lane, E5 9HQ leaside.org.uk; 020 8806 6887; info@leaside.org.uk

#### **Mouth That Roars**

24 July-25 August, Weds-Fri, various times



All types of filmmaking for young people. **Tuesdays**, 12-6pm: In Focus SEND Film Club **Wednesdays**, 2-8pm: Filmmaking, watching films, trips. **Saturdays**, 1-5pm: Filmmaking, watching films, trips. **Free**, includes food. Age: 13-19 (up to 25 with SEND). 29 Waterson Street, E2 8HT. mouththatroars.com; 020 7729 2323 mouththatroars@btconnect.com

#### Salaam Peace

24 July-25 August, Weds-Fri, various times Community sports, education and mentoring: Wednesdays, 4.30-6pm: Community Sports, Geffrye Estate, N1, 6RT. Free. Age: 10-16. Thursdays, 4.15-5.45pm: Frampton Park Estate Sports, Frampton Estate, E9 7PE. Free. Age: 10-16. Thursdays, 6-7.15pm: Nisbet House Community Engagement, Nisbet House, E9 6AJ. Free. Age: 8-16. Fridays, 4-5.30pm: Hawksley Community Engagement, Hawksley Estate N16 9JT. Free. Age: 8-16. Register on arrival, all activities are SEND-friendly. salaampeace.org; 07949 983500; sab@salaampeace.org

#### Camp YA

29-30 July, 11am-6pm An immersive summer book festival featuring panels, workshops, signings and more. £15-£30 (some free tickets available, please email). Age: 12+. Studio Wayne McGregor, Here East, E15 2GW. campya.org; team@campya.org

The Huddleston Centre 31 July-25 August, Weds-Fri,

## 9.45am-4.30pm (with pick-up and drop-off service)

Summer holiday respite with a pick-up & drop-off service for young people with disabilities. Free if in receipt of Short Breaks. Register by emailing for a referral form, or via your social worker or Short Breaks.

Free food. Age: 7-19. SEND-friendly St Barnabas Church, Homerton High Street, E9 6DL.

huddlestoncentre.org.uk 020 8985 9089 info@huddlestoncentre.org.uk

## SkyWay Charity

## 7-31 August, Mon-Thurs,

various times Different activities running throughout summer including trips and indoor sessions.

**12-3pm:** Youth Enrichment Sessions, (age: 8-14)

**1-5pm:** Multisports Sessions, (age: 8+) **4-6pm:** Youth Enrichment Sessions, (age: 15+).

Free, including free food for those eligible for free school meals. Age: 8-19.

Blue Hut, 49 Provost Street, N1 7NZ skyway.london; 020 7490 4531; ruhina@skyway.uk.com

#### The Yard Theatre

**14 August, 3-6pm** Yard Youth Taster Day: Yard Youth is a theatre programme for those who want to express themselves and create amazing theatre. This is a free taster session before the programme starts in October.

Free, register via the link below. Age: 11-15. SEND-friendly Unit 2a Queen's Yard, E9 5EN bit.ly/yardyouthtaster 07523 298482 holly@theyardtheatre.co.uk

#### Summer Careers Festival 25 August, 12-3pm

Get some expert advice and guidance. Parents and carers are welcome. This is a free event, which features:

- One-to-one support;
- Information about courses on offer at local colleges;
- Professional careers advisers from Prospects;
- Information on apprenticeships;
- Information on training opportunities;
- Find out about pathways into creative industries.

Forest Road Youth Hub, E8 3BY younghackney.org; 020 8356 2200; elp@hackney.gov.uk



Go online!

updates on your

phone, tablet,

or laptop. See

hackney.org

and follow

Twitter:

@young

hackney

more at: **young** 

Young Hackney

on Instagram,

Facebook and

Get daily



# Get active in Hackney

Explore our parks, playgrounds and sports facilities, and enjoy quality time together while staying fit and having fun.

- 58 local parks and green spaces to visit
- Free summer activities hosted by Young Hackney
- Free access to leisure centres for under 11s
- Family cycling groups for all to enjoy
- Free access to pools



Have fun together this summer bit.ly/LoveHackneyKeepActive

Be active, your way, everyday



LONDON

**Hackney** 

# Advice: Hidden harm



If you are worried about a friend or family member, visit: **bit.ly/ yhsmsonline**; Call: **020 8356 7377**, Mon-Fri 9am to 9pm; Text: **07814 183052**; Email: **yhsms@ hackney.gov. uk**  Substance Misuse Service (YHSMS) works with children and young people in Hackney between the ages of six and 25 who are at risk of using substances, are using substances, are affected by someone else's substance use, or are involved in drugs.

HE Young Hackney

If someone important in your life drinks too much alcohol or uses drugs it can have a big effect on you, even when you are not living in the same household.

YHSMS calls this 'hidden harm' because often people do not really look at the hurt and difficulties an adult's drug or alcohol use can cause to the people closest to them, especially their children.

When someone has a drug or alcohol problem it often becomes their main priority. Their need to use becomes so important that they may hurt, upset or become angry at people they love.

As a young person you may feel confused or frightened by their behaviour or feel like you are not important or cared for.

Nobody can stop someone else using drugs or alcohol – a person can do this for themselves – and there is a lot of help available for them from professionals in adult treatment services.

YHSMS works with young people to help them understand:

- You did not cause it;
- You can't cure it;
- You can't control it;
- You can take care of yourself;
- You can communicate your feelings;
- You can make healthy choices.

# Young Hackney Young Carers service

THE Young Hackney Young Carers service is available for children and young people in Hackney aged six to 19 years old, or up to 25 with SEND.

The service works to create a personalised plan for young carers and their families.

For more information on the young carers service, visit: **bit.ly/yhyoungcarers** 

If you know a young carer who needs support, call Young Hackney on: 020 8356 4800; or email: YH.YoungCarers@ hackney.gov.uk



## Young Hackney Targeted Early Help

IF you are aged six to 19 (up to 25 with special educational needs and/ or disabilities [SEND]) and live in Hackney, the Targeted Early Help Service can provide support with difficulties at home, issues with your friendship group, concerns about crime or safety, mental health, racism or more.

Contact with Young Hackney's Early Help team is flexible and can happen through a wide variety of methods. On average, the service will be in contact every one to three weeks.

Parental consent of the service is needed if you are under 16, but if you are 16 or over you can consent yourself. You, or your parent/carer can refer by phoning: **020 8356 5500**; or emailing: **MASH@hackney. gov.uk**. Someone will contact you within the next five working days.

Once a worker has contacted you, they will start an early help assessment to get an accurate understanding of your needs and work with you to develop a plan and set a goal. This should normally take up to five weeks from the point the referral is received.

If you think you would benefit from Targeted Early Help support, talk to a Young Hackney worker, drop into a hub or adventure playground; or visit: **younghackney.org** 

## **Health & Wellbeing**

THE Young Hackney Health & Wellbeing team give advice on any healthrelated issues, including sexually transmitted infections (STIs). If you need support in other areas, such as mental health, bullying and a range of other subjects, they can put you in touch with someone who can help you. The Health & Wellbeing team are at Forest Road youth hub every other Monday, 5.30 to 7.30pm, from 17 July.

Visit: younghackney.org/advice/health/sexual-health

#### **Free condoms**

Free condoms are available to all Hackney residents under the age of 25. You can grab them conveniently and discreetly from various local spots like pharmacies, GP practices, youth hubs, and colleges. Sign up at: **bit.ly/hackneyfreecondoms** 

## Free STI testing at home

If you would like a quick and easy sexual health check at home, you can order your FREE home test kit from **SHL.UK**. The test kit will be sent to you in plain packaging, and results will be sent to you online.

## Free drop-in STI testing

Take control of your sexual health and take part in free sexually transmitted infections (STI) testing sessions all across East London during July and August – details on the Young Hackney website above. Don't worry about signing up – just turn up and get your results back in five minutes. You can also speak to staff about STIs, staying safe, or receive any advice.

## Free HIV testing

It's a good idea to get tested for HIV once a year, and Positive East has made this process free, quick, and accessible. If you are aged 18 or older, book your test now and check your HIV status at one of the community venues across east London. All it takes for peace of mind is 15 minutes and a small finger prick. Book: **positiveeast.org.uk/hivtest** 



## CHYPS Plus has moved

CHYPS Plus has found a new home at the Clifden Centre, located at Homerton University Hospital. CHYPS Plus is a health service for anyone between the ages of 11 and 19. The CHYPS Plus team welcomes drop-ins every weekday afternoon, so you can swing by for STI testing and treatment, pick up your contraception, receive a pregnancy test, or get contraception advice. Visit: **chypsplus.nhs.uk** 

# Emergency contraception

You can access emergency contraception pills for free at pharmacies, CHYPS Plus, or at a local GP surgery or sexual health service. Taken as soon as possible, emergency contraception can prevent pregnancy after unprotected sex or failed contraception, but it won't protect you from an STI, so you should consider getting tested. Visit: nhs.uk/conditions/contraception/ emergency-contraception

## Stop and search – know your rights

BEING stopped and searched by the police can be frustrating, distressing, and can feel unfair if you haven't done anything wrong – or if it has happened to you more than once.

A police officer is allowed to stop and search you if they have reasonable grounds that you are carrying drugs, a knife or other weapon, stolen property, items used in connection to theft, or articles used to commit criminal damage.

Know your rights during stop and search and find out about support available to you if you need it. Visit: **bit.ly/yhstopandsearch** 



## Join a housing forum

YOUNG people aged between 13 to 19 (or 25 if they have a special educational need and/or disability [SEND]) who live in a Hackney Council home and are passionate about housing issues are being invited to join a new forum.

The Housing Youth Forum ensures that the voices of young people can be heard on housing issues affecting them. As well as being able to have their say on how their homes are managed, those taking part in the forum will also receive vouchers, a hot meal, and free training.

For more information, email Kelly Edwards: kelly.edwards@hackney.gov.uk; or text: 07510 378 514.

#### **Access to Sports**

THIS summer Access to Sports Project are offering an exciting, free of charge holiday programme for young people! Book: accesstosports.org.uk/bookings

#### Football & Multisports Camp

24 July-24 August, Mon-Thurs, 11am-1pm & 1.30-3.30pm Age: 8-16. Free. Millfields Park, E5 9NU.

#### **Multisports Camp**

24 July-17 August, Mon-Thurs, 10am-3pm Age: 8-12. Free. Jubilee Primary School, N16 6NR.

#### Tennis

24 July-17 August, Mon-Thurs, 3-4pm Age: 6-11. Free. Jubilee Primary School, N16 6NR.

#### **Multisports for young** people with SEND

24 July-3 August, Mon-Thurs, 1.30-3.30pm Age: 11-25. Free. Stormont House School, E5 8NP.

#### **Basketball**, Football &

**Multi Sports Camp** 

25 July-11 August, Tues-Fri, 10am-3pm Age: 8-16. Free. Petchey Academy, E8 2EB.

#### **Roller Skating**

25 July-11 August, Tues-Fri, 10am-12noon Age: 8-16. Free. Petchey Academy, E8 2EB.

#### **Basketball**

25 July - 11 August, Tues-Fri, various times Age: 6-8 & 9-11, 10-11.30am; Age 12-16, 11.30am-1pm Age 6-16. Free. Petchey Academy, E8 2EB.

#### **Multisports Camp**

24 July-24 August, Mon-Thurs, 10am-3.30pm Age: 8-16. Free. Finsbury Park, Athletics Track, N4 1EE.

#### **Finsbury Park Tennis**

#### 24 July-24 August, Mon-Thurs, various times

Age: 5-7, 9am-10am; Age: 8-10, 10-11am; Age: 11-16, 11am-12noon Free. Finsbury Park Tennis Courts, N4 2NQ.

#### **Multisports**

24 July-24 August, Mon & Thurs, 11.30am-1pm (Juniors) & 6-7.30pm (Seniors) Age: 8-11 & 12-16. Free. The Edge Youth Hub. 7 Woodberry Grove. Woodberry Down, N4 1SN.

#### Estatebased

#### sports coachina

Weekly sports sessions

- delivered for free on estates:
- Guinness Trust:
- Millfields Park:
- Woodberry Down:
- Wrens Park,
- and: Fawcett
- Estate.

#### Book at: accesstosports. org.uk/ bookings







## **Multisports**

24 July-24 August, Wed & Thurs, 11.30am-1pm (Juniors) & 6-7.30pm (Seniors) Age: 8-11 & 12-16. Free. Forest Road Youth Hub, 29 Forest Rd, E8 3BY.

All bookings must be made online in advance. Limited spaces available.

#### **Community Summer Football Competitions**

Access to Sports is hosting a series of all-play community football competitions in the following year groups: 5 & 6; 7 & 8; and 9 & 10. All abilities welcome. Register: accesstosports.org.uk

#### **Coaching qualifications**

Coaching and Sports Leaders **Training & Volunteering** 

24 July-24 August, various times Opportunities for young people to gain skills, qualifications and voluntary experience as sports leaders and coaches. Free coaching and leadership courses include: • Sports leadership awards for ages 13+:

- Introduction to coaching
- basketball (Level 1) for ages 16+; Introduction to coaching football
- (Level 1) for ages 16+;
- Basketball activator for ages 13+; • Football leadership awards for ages 14+:
- Tennis leaders award for ages 11+;
- LTA tennis assistant qualification
- (Level 1):
- Football referees course for ages 14+;
- Duke of Edinburgh's Awards for ages 13+.

Register: accesstosports.org. uk/bookings; or email: coach. education@accesstosports.org.uk

#### **Sports Ambassadors**

Various dates, times & venues Volunteer programme to gain sports instructor and youth work experience. Placements are within Young Hackney's sport activity sessions. Age: 14-19 (up to 25 with SEND). Free. Young Hackney Eastway, E9 5JH. Info: 020 8356 5383; YHsportsunit@hackney.gov.uk

#### YH Sports Unit programme

#### Junior sports programme

24 July-17-August, Mon-Thurs, 11am-3pm Multi activities and trips out. Age: 7-12. Free. Young Hackney Eastway, E9 5JH.

#### **Girls football**

Fridays 28 July and 4,11, 18 & 25 August, 11am-1pm Skills development and fun games. Age: 8-14. Free. Young Hackney Eastway, E9 5JH.

#### **Girls-only cricket**

Friday 28 July, 2-4pm Fun, friendly session to try cricket. Age: 11-16. Free. Hackney Downs Park, beside Queensdown Road. Email: london@takeherlead.org

#### Turn up & play cricket

Fridays 4, 11,1 8 & 25 August, 2-4pm Delivered by Middlesex County CC & Young Hackney. 4 Aug, Mabley Green Park; 11 Aug, London Fields Park; 18 Aug, Clissold Park; 25 Aug, Young Hackney Eastway. Consent details to be given on the day. Age: 8-16. Free.

#### Tennis

#### Saturdays 30 July and 5, 12, 19 & 26 August, 10am-12noon

Just turn up to play – consent details to be given on the day. Age: 6-12. Free. Young Hackney Eastway, E9 5JH.

#### Football

Thursdays 27 July and 3,10, 17 & 24 August, 5.30-7pm Turn up to play. Consent details to be given on the day. Age: 13-18. Free. Mabley Green astro turf pitch, E9 5HW.

#### **SEND Gym sessions**

Thursdays 27 July and 3,10, 17 & 24 August, 4-5pm Gym sessions for young people with SEND. Age: 14-25. Free. Referral only. Kings Hall Leisure Centre, E5 ONU.

#### **SEND cycle sessions**

14 & 21 August, 12noon-1.30pm Cycle sessions for young people with SEND. Age: 14-25. Free. Young Hackney Eastway, E9 5JH.

#### SEND paddleboarding

Wednesday 23 August, 12noon-2pm Paddleboarding for young people with SEND. Age: 14-25. Free. Leaside Trust, E5 9HQ.

For more info, email:

YHsportsunit@hackney.gov.uk; or call: 020 8356 5383.





## **Summer Holiday Activities and Food Programme**

THE Council has teamed up with a number of schools, sports activity providers and community organisations to offer free activities and a meal as part of the Holiday Activities and Food (HAF) programme. Places are limited, so contact the providers and book early. Please discuss any SEND needs with each provider.

The scheme is free for those eligible for free school meals. If you have not registered for free school meals and think you may be eligible, call: 020 8820 7000; or email: PupilBenefits@hackney.gov.uk
 For a full list of providers, visit: bit.ly/HAF-summer

#### **Participating schools**

Benthal Primary School N16 7AU; office@benthal. hackney.sch.uk 020 8985 9310

Cardinal Pole (for Cardinal Pole students only) E9 6LG enquiries@cardinalpole.co.uk 020 8985 5150

Comet Nursery & Children's Centre N1 5RF admin@comet.hackney.sch.uk 020 7749 9850

Daubeney Primary School E5 OEG; admin@daubeney. hackney.sch.uk 020 8985 4380

## Gayhurst Primary School

E8 3EN; admin@gayhurst. hackney.sch.uk; 020 7254 6138

Haggerston School E2 8LS

haggerstonschool@ haggerston.hackney.sch.uk 020 7739 7324

Harrington Hill Primary School E5 9JG; admin@ harringtonhill.hackney.sch.uk 020 8806 7275

Kingsmead Primary E9 5PP admin@kingsmead.hackney. sch.uk; 020 8985 5779

Level 10 Institute (St John and St James Primary School) E9 6DX camp@level10institute.com 07361 583 177

Mandeville Primary School E5 OBT; mdvoffice@ mandeville.hackney.sch.uk 020 8986 5249 Nightingale School E5 8NA eibrahim@nightingale. hackney.sch.uk 020 8985 4259

Our Lady's Catholic High (for Our Lady's students only) N16 5AF officeadmin@olchs.co.uk

020 8800 2158 Rushmore Primary School

ES OLE info@fun4sports.com 07939 015 925

St Scholastica's Primary School E5 8BS officeadmin@st-scholasticas. hackney.sch.uk 020 8985 3466

#### Sir Thomas Abney Primary School N16 5ED admin@sirthomasabney. hackney.sch.uk 020 8800 1411

Stoke Newington School N16 9EX admin@sns.hackney.sch.uk 020 7241 9600

The Urswick School (for Urswick students only) E9 6NR; admin@ theurswickschool.co.uk 020 8985 2430

Participating service providers

Access to Sports: Petchey Academy E8 2EY Jubilee School N16 6NR Millfield Park E5 9NX Stormont E5 8NP info@accesstosports.org.uk 020 7686 8812 Anytime Childcare (Mossbourne) E5 8JY anytimechildcare247@gmail. com; 07497 638 277

Apex (Daubeney School) E5 0EG; info@alh.org.uk 020 8432 6699

BADU E9 6EA & E8 3DY info@badusports.com 020 4506 2520

Chatsworth Youth Club E5 0LH; shepherdfold@ outlook.com; 07583 165 389

Children with Voices E2 8BA; enquiries@ childrenwithvoices.org; 020 3369 0316 ; 07402 499 742

Connecting All Communities E9 6BH connectingcommunities7@ gmail.com; 07508 377 405

Eastway Sports Hub E9 5JD darren.popham@hackney. gov.uk; 020 8356 7404

Forest Road Youth Club E8 3BY; charlene.brown@ hackney.gov.uk 020 8356 2200

Homerton Grove Adventure Playground E9 6BX homerton@hackneyplay.org 020 8985 9202

Hoxton Hall N1 6SH grace@hoxtonhall.co.uk 020 7684 0060

#### 

**Community Youth Club E9 6SJ & E9 7FA** info@hopeat morningside. org; 07958 771 953; 07825 889 658

Immediate Theatre (at Nisbet Community Centre) E9 6AJ; hannah@immediatetheatre.com; 07525 892 953

Kids (SEND Adventure Playground) E5 9HQ



claira.scott-gray@kids.org.uk 020 8806 6149

Laburnum Boat Club E2 8BH; info@laburnum boatclub.com

020 7729 2915 Leaside Trust E5 9HO

info@leaside.org.uk 020 8806 6887

Learning Hive (at Oldhill School) N16 6LR

info@learninghive.com 020 7112 8658

Little Musketeers E8 2DJ david@littlemusketeers.com

Mentoring Lab

office@thementoringlab. co.uk; 020 8158 8500; 07412640174

Our Parks (Lauriston & Sebright primary schools) E9 7JS & E2 8QH schoolcampinfo@ourparks. org.uk; 07306 297 789

Peabody E8 1FA; anslem. herelle@peabody.org.uk 07736 848 110

## Pearson Street Adventure Playground E2 8EL

pearsonstreet@hackneyplay. org; 07903 742 233 or 020 7033 4322

#### Shakespeare Walk Adventure Playground N16 8TB

helloswapa@swapa.org.uk 020 7916 8597

Shoreditch Adventure

**Playground N1 5EF** shoreditchap@hackney.gov. uk; 020 7729 3770

Skipz Productions

(Parkwood) N4 2HQ skipzhafhackney@gmail.com

**SkyWay Charity N1 7NZ** info@skyway.london 020 7729 6970

## St Andrew's Youth

Developments E9 7PQ standrewsyouth developments @gmail.com 07956 298 469

The Edge Youth Club N4

1SN; tim.ibrahim@hackney. gov.uk; 020 8356 1063

..... **Tropical Isles N1 6SB** info@tropicalislescarnival.org 07985 154 932

•••••• **The Wickers Charity** E15 2SJ; sam@wickers.org.uk 020 8506 6033 ••••••

Wise Youth Trust E9 5HW & E2 8QY admin@wiseyouthtrust.com 020 8980 3330 or

•••••• YOH N1 5NU

ergel@yoh.org.uk 020 8617 3414

07436 269 681

**Orthodox Jewish providers** 

**S** Pinter Youth Project N16 5LG; Office@spyp.org.uk 020 8800 1662

•••••••••••••••••• Sheves Achim Daycamp (H.O.M.E.) N16 6UE accounts@homeatschool.uk 07564 442 579

..... Camp Knak N16 5DL campknak@gmail.com 020 8802 2469

..... Step By Step N15 6DS info@stepbystepkids.org.uk 020 8802 2469

..... Sonshine N16 6DN sonshineclub@hotmail.com 020 8802 1152

..... Misgav N16 5RZ admin@misgav.org.uk 020 8802 2469

•••••• Teen Action N16 5TU info@teenaction.org.uk 020 8809 1753

•••••• **Clapton Common Boys' Club** E5 9SN office@ccboysclub.org 020 8809 8171

**Refreshing Minds N16 5DL** admin@refreshingminds.org. uk: 020 7467 8450

..... Mishon N16 5DH mishon1@hotmail.co.uk 020 8806 2009

..... Kol Bonaich N16 6DT admin@jcc-nl.org 020 8806 1616









**L D L** 

HIS year's Summer **Reading Challenge is** Ready, Set, Read! – a challenge focused on

**Reading Challenge!** 

reading, sport and play. Children are asked to read at least six library books over the summer. All books count:

e-books, picture books, fiction,

poetry, non fiction and audio.

Library staff and volunteers will be on-hand to listen to the children's comments and to help them choose their next read.

There's lots to keep children busy at Hackney's libraries all summer. Try arts and crafts, play with Lego, enjoy rhymes and stories, meet some animals from Zoolab, or relax with a family film.

## FREE events at Hackney's libraries this summer

Clapton Library Northwold Rd, E5 8RA		Dalston Library Dalston Square, E8 3BQ	
26 Jul		29 Jul	Rhymes and stories 11-12pm
	Meet some live creatures and be amazed and inspired!	30 Jul	Chess club (7+) 2-3pm Learn and improve your game
31 Jul	Rhymes and stories	2 Aug	Zoolab 3.15-4.10pm
5154	11am-12noon	5 Aug	Rhymes and stories 11-12pm
	Fun sessions for under-fives	5	Lego club (6+) 2-4pm
3 Aug	Crafts 2-3pm		Build something sporty – or
	Sport-inspired craft activities		anything you like!
7 Aug	Rhymes and stories 11-12pm	6 Aug	Chess club (7+) 2-3pm
9 Aug	Board games 2-3pm	12 Aug	Rhymes and stories 11-12pm
	Choose from a selection		Lego club (6+) 2-4pm
	of fun board games to play		Craft activity 2-4pm
14 Aug	Rhymes and stories 11-12pm		Decorate a paddle & ball game
15 Aug	Crafts 2-3pm	13 Aug	Chess club (7+) 2-3pm
21 Aug	Rhymes and stories 11-12pm	19 Aug	Rhymes and stories 11-12pm Lego club (6+) 2-4pm





20 Aug 22 Aug	Chess club (7+) 2-3pm Craft activity 2-3pm Make a paper bag summer scrapbook journal
26 Aug	Rhymes and stories 11-12pm Lego club (6+) 2-3pm Family film screening 2-4pm
27 Aug 30 Aug	Ask to see what's showing <b>Chess club (7+) 2-3pm</b> <b>Craft activity 2-3pm (7+)</b> Make your own zine with Loose Associations x Burley Fisher
Hack	ney Central Library
	iding Ln, E8 1GQ
25 Jul	Crafts and crosswords 4-5pm
25 Jui	Basketball-themed crafts
	and crosswords
28 Jul	Rhymes and stories 11-12pm
4 Aug	Rhymes and stories 11-12pm
9 Aug	Zoolab 3.15-4.10pm
-	Rhymes and stories 11-12pm
15 Aug	Carnival cultures workshop
J	2-3.30pm
	Join Hackney's carnival artists
	to enjoy costume crafts,
	drumming, dancing and stories
	from around the world
18 Aug	Rhymes and stories 11-12pm
22 Aug	Crafts and crosswords
	4-5.30pm
<b>25 A</b>	Make a cup and ball game
25 Aug	Rhymes and stories 11-12pm
Home	erton Library
	erton High St,
E9 6A	
25 Jul	Rhymes and stories 2-4pm
29 Jul	Family film screening 2-4pm
1 Aug	Rhymes and stories 2-4pm
	Venessa Taylor 2-3pm
	Join the author of the 'Baller Boys'
	series for sporty storytelling
8 Aug	Rhymes and stories 2-4pm
10 Aug	Craft activity 2.30-3.30pm
5	Sports-inspired arts and crafts
12 Aug	Family film screening 2-4pm
15 Aug	Rhymes and stories 2-4pm
18 Aug	Zoolab 3.15-4.10pm
22 Aug	Rhymes and stories 2-4pm
24 Aug	
20 / 100	Phymos and storios 2-/inm

29 Aug Rhymes and stories 2-4pm



## Shoreditch Library 80 Hoxton St, N1 6LP

- 24 Jul Board games 2-3pm 25 Jul **Rhymes and stories 11-12pm** 26 Jul Craft activity 2-3pm Make a paper table tennis racquet 27 Jul Zoolab 3.15-4.10pm 28 Jul Family film screening 2-4pm Board games 2-3pm 31 Jul Rhymes and stories 11-12pm 1 Aug 2 Aug Craft activity 2-3pm Make a kite 4 Aug Family film screening 2-4pm 7 Aug **Board games 2-3pm** 8 Aug Rhymes and stories 11-12pm 9 Aug Craft activity 2-3pm Make and play tabletop basketball 10 Aug Carnival cultures workshop 2-3.30pm 11 Aug Family film screening 2-4pm 14 Aug Board games 2-3pm 15 Aug Rhymes and stories 11-12pm 16 Aug Venessa Taylor 2-3pm 18 Aug Family film screening 2-4pm 21 Aug Board games 2-3pm 22 Aug Rhymes and stories 11-12pm 23 Aug Craft activity 2-3pm
- Make balls with paper plates
- 25 Aug Family film screening 2-4pm
- 29 Aug Rhymes and stories 11-12pm

**30 Aug** Craft activity 2-3pm Arts and crafts inspired by the Tour de France

#### Stamford Hill Library Portland Ave, N16 6SB

- 24 Jul Board games 2-3pm
- 26 Jul Rhymes and stories 2-3pm
- 27 Jul Tennis Thursdays drop-in Challenge your librarian or a friend to a PS3 tennis match
- 28 Jul FIFA Fridays drop-in Challenge your librarian or a friend to a FIFA match
- **31 Jul** Craft activity 2-3pm Arts and crafts inspired by sport
- 2 Aug Rhymes and stories 2-3pm
- 3 Aug Zoolab 3 15-4.10pm
- Tennis Thursdays drop-in
- 4 Aug FIFA Fridays drop-in
- 7 Aug Craft activity 2-3pm

## Make an ice cream-inspired suncatcher

8 Aug Board games 2-3pm
9 Aug Rhymes and stories 2-3pm
10 Aug Tennis Thursdays drop-in
11 Aug FIFA Fridays drop-in
16 Aug Rhymes and stories 2-3pm
17 Aug Tennis Thursdays drop-in
18 Aug FIFA Fridays drop-in
22 Aug Carnival cultures workshop 2-3.30pm
23 Aug Rhymes and stories 2-3pm
24 Aug Tennis Thursdays drop-in
25 Aug FIFA Fridays drop-in

#### Stoke Newington Library 184 Stoke Newington Church St, N16 0JL

25 Jul	Craft activity 2-3pm
	Make cheerleader pom-poms
29 Jul	Rhymes and stories 11-12pm
1 Aug	Craft activity 2-3pm
	Make gymnastics ribbon sticks
5 Aug	Rhymes and stories 11-12pm
8 Aug	Craft activity 2-3pm
	Make balloon game tennis bats
15 Aug	Zoolab 3.15-4.10pm
19 Aug	Rhymes and stories 11-12pm
26 Aug	Rhymes and stories 11-12pm

## Woodberry Down Library Kayani Ave, Woodberry Down, N4 2GU

24 Aug Zoolab 3.15-4.10pm

For more info, visit: **hackney.gov. uk/libraries-whats-on** and follow Hackney libraries on Twitter and Facebook: **@hackneylibs** 



## Hackney e-library: free with your library card

YOU can visit the Hackney e-library any time, any day from anywhere in the world. Read e-books via Overdrive, the Libby app and Borrowbox. Access more than 7,000 e-magazines and newspapers from around the world and in different languages using PressReader. You can also listen to a wide selection of audiobooks. Visit: hackney.gov.uk/e-library



## **Discover Young Hackney**

DISCOVER Young Hackney returns this summer to bring arts and culture to Hackney's young people. The programme aims to develop the creative skills of 13 to 19-year-olds (up to 25 with special educational needs and/or disabilities [SEND]) and provide routes into the cultural and creative industries.

- Visit: lovehackney.uk/discover-young-hackney
- Follow Discover Young Hackney on: Facebook: **@discoveryounghackney** Instagram:**@dyhackney** and Twitter: **@dyhackney**

#### Digital Makers 1 August, 10am-1pm and 2-5pm

Alexander Whitley Dance Company invites young people to take part in Digital Dance Studio workshops, where they can experiment with a new digital platform that allows them to create digital dances and visuals in a 3D space. **Free. Age: 16-25.** 

Studio 90, The Trampery, Commercial Block K, 13 Rookwood Way, E3 2XF. **bit.ly/digital-makers-dance** 

#### Badu Summer Youth Poetry Programme 2, 3, 9, 10, 16, 21, 31 August, 1-3pm

Are you a rapper, writer, songwriter or spoken word artist? Whether you're a beginner or have dabbled in poetry before, this workshop is designed to



## Hackney Museum

28 July-31 August, Tues-Sat Holiday activities for children under the age of eight. Free. Age: 0-8. SEND-friendly. Hackney Museum, 1 Reading Ln, E8 1GQ.

Info: hackney-museum. hackney.gov.uk/visit/families; museum@hackney.gov.uk ignite your imagination, hone your skills, and help you craft captivating verses. One off fee of £5 to attend all sessions. Food is £2.50. Age: 13-19 (up to 25 with SEND). 14 East Bay Lane, The Press Centre, Here East, Stratford, E20 3BS. bit.ly/BADU-summer-youth

## **Clay Day Retreat**

6, 12, 20 & 26 August, 9.30am-5.30pm

A Clay Day is the ultimate creative wellbeing day. Have you always wanted to learn ceramics? Or perhaps you like the idea of combining ceramics with yoga and meditation? **Free, lunch is £2.50. Age: 13-19.** Dalston Clay, 10b Bradbury Street, N16 8JN. **dalstonclay.com/ discoveryounghackney** 

#### Ceramics Wheel Throwing Sessions Thursdays and Fridays in August

and 1 September, 2.30-5pm

A fun 2.5hr session of throwing on the wheel, handbuilding with clay and learning about the amazing world of ceramics. You don't have to be good at making anything or good at art; this is just fun. **Free. Age: 13-19.** Dalston Clay, 10b Bradbury Street, N16 8JN. **dalstonclay.com/ discoveryounghackney** 

#### Arcola Youth Theatre Summer Workshops Tuesdays in August, 10.30am-1.30pm

Arcola Youth Theatre summer workshops

are a free introductory series of workshops for young people interested in theatre-making and the theatre industry. **Free. Age: 13 -19 (up to 25 with SEND).** Arcola Theatre, 24 Ashwin Street, E8 3DL.

bit.ly/arcola-summer-workshops

#### Project Opera – Get Behind The Scenes On Your Career

#### 10 & 11 August, 4-6pm: Open rehearsal and careers Q&A 12 August, 9.30am-1pm: Creative workshop

Original Sing teams up with opera makers Muelas+Ward to bring you an exciting event for creative young minds. Join for an exclusive open rehearsal, a careers Q&A, and a creative workshop. **Free. Age 13-19 (up to 25 with SEND).** Chats Palace Arts Centre, 42-44 Brooksby's Walk, E9 6DF.

bit.ly/dyh-project-opera

#### A&E by Muelas+Ward 15-19 August, 7.30-9.30pm

Get discounted tickets to Grimeborn Opera Festival's world premiere of 'A&E', by Muelas+Ward. To claim discounted tickets, use the code DISCOVERAE. **Select the green £10 tickets, before payment, and enter the code to get the reduction down to £7. Age: 13-19 (up to 25 with SEND).** The Arcola Theatre, 24 Ashwin St, E8 3DL. **arcolatheatre.com/whats-on/ae** 

## Who Am I?

17, 19, 24 & 26 August, 12noon-5pm
Who Am I is a fun and interactive event where you can discover more about yourself and connect with others.
£4, lunch is included. Age: 14-19.
SEND-friendly. Fawcett Community
Centre, Fawcett Estate, Fawcett
Community Hall, E5 9DG.
Iovehackney.uk/events-discover-

young-hackney-2023

#### Limitless 22-25 August, 11am-5pm

A Hackney Shed and Hackney Empire collaboration. Hackney Shed is an inclusive theatre company working with children and young people delivering workshops and creating performances. All activities are accessible, including members with disabilities and/or neuro-diversities. Open to everyone but focusing on those with SEND and/or neuro-diversities. **Free (but registration is required). Age: 16-25.** Hackney Empire, 291 Mare Street, E8 1EJ. **vicki@hackneyshed.org.uk** 

# Culture: Carnival



## **Hackney Carnival Roadshow**

HACKNEY Carnival Roadshow presents a new programme of fun activities and workshops for kids and young people this summer. It includes free access to carnival arts workshops delivered by Hackney's carnival groups at locations across the borough. Visit: lovehackney.uk/hackney-carnival

**Camp Carnival** 

#### 24 July-17 August, 11am-3pm (age 5-11); 5.30-7.30pm (age 12-18)

The camp carnival summer programme with Tropical Isles includes free flow play, dance sessions, science, cooking, sports, carnival arts and crafts, costume design, DJing and music making. Free to children on free school meals. Age: 5-11 & 12-18. Rose Lipman Community Centre, 43 De Beauvoir Road, N1 5SF. tropicalislescarnival.org

#### **Young Generation Carnival Camp** 14-17 August, 10am-3pm

Discover carnival arts from across the world including dance, costume making, drumming, steel pans and much more! Free. Age 8-14. Gainsborough School, E9 5ND. lovehackney.uk/hackney-carnival

#### JUN MO: Creating a performance with the ancient Asian lion Until 24 August, various times Carnival arts workshops with Jun Mo

Generation, celebrating the ancient Asian lion, with costume making and the art of formation flag waving. Free. Age: 8+. Amwell Court Club Hall, Amwell Court Estate, Green Lanes, N4 2NY.

#### junmoevents@gmail.com

## Learn to play steel pan

23 July-3 September, various times Steel Pan workshops for beginners with Pantonic Steel Orchestra. A great way to have fun with music and learn to play an instrument. Free. Age 8+. SEND-friendly. Oldhill School, Oldhill St, N16 6LR, and St Thomas Church, Oldhill Street, N16 6QG.

pantonic-uk.com/contact

#### **Carnival cultures library workshop** 10,15 & 22 August, 2-3.30pm

Join Hackney's carnival artists to enjoy costume crafts, drumming, dancing and stories from around the world.

Free, no need to book. All ages. SEND-friendly.

10 August: Stamford Hill Library, N16 6SB;

15 August: Hackney Central Library, E8 1GO:

22 August: Shoreditch Library, N1 6LP. lovehackney.uk/hackney-carnival

Hackney

# Are you under 25 and living in Hackney?

Using condoms correctly and consistently is an incredibly effective way for you to protect yourself from STIs such as chlamydia and gonorrhoea, as well as preventing unplanned pregnancies.

Scan for a map of locations where you can pick up free condoms and lube





If you have any questions about the free Condom Distribution Scheme, send an email to freecondoms@hackney.gov.uk

young

NHS



Please note: all information is correct at time of going to press, but may change. For the latest updates, visit: younghackney.org